

NORC DSM-IV SCREEN FOR GAMBLING PROBLEMS

The screen is set up to run first a lifetime screen for all items and then ask about the past year only for those items endorsed for lifetime.

How to score the items:

Lifetime: Add 1 point for every YES to any of the following items:

1 or 2	3	5	7	8 or 9	10
12	13	14 or 15 or 16			17

Past year: Add 1 point for every YES to any of the following items:

18 or 19	20	22	24	25 or 26	27
29	30	31 or 32 or 33			34

If gambler responds YES to more than one item in a response cluster (e.g., "8 or 9"), count them together as a single point.

Under the NODS typology, a gambler who scores zero points is a low-risk gambler, and one who scores a one or two is an at-risk gambler. Scoring three or four would mean one is a problem gambler, which corresponds to what certain studies have called a "possible pathological gambler." A gambler who scores five or more on the NODS is a pathological gambler, by DSM-IV criteria.

Lifetime Problems

1. Have there ever been periods lasting two weeks or longer when you spent a lot of time thinking about your gambling experiences or planning out future gambling ventures or bets?

YES
NO

2. Have there ever been periods lasting two weeks or longer when you spent a lot of time thinking about ways of getting money to gamble with?

YES
NO

3. Have there ever been periods when you needed to gamble with increasing amounts of money or with larger bets than before in order to get the same feeling of excitement?

YES
NO

4. Have you ever tried to stop, cut down, or control your gambling?

YES GO TO 5
NO GO TO 8

5. On one or more of the times when you tried to stop, cut down, or control your gambling, were you restless or irritable?

YES
NO

6. Have you ever tried *but not succeeded* in stopping, cutting down, or controlling your gambling?

YES GO TO 7

NO GO TO 8

7. Has this happened three or more times?

YES

NO

8. Have you ever gambled as a way to escape from personal problems?

YES

NO

9. Have you ever gambled to relieve uncomfortable feelings such as guilt, anxiety, helplessness, or depression?

YES

NO

10. Has there ever been a period when, if you lost money gambling one day, you would return another day to get even?

YES

NO

11. Have you ever lied to family members, friends, or others about how much you gamble or how much money you lost on gambling?

YES GO TO 12

NO GO TO 13

12. Has this happened three or more times?

YES

NO

13. Have you ever written a bad check or taken something that didn't belong to you from family members or anyone else in order to pay for your gambling?

YES

NO

14. Has your gambling ever caused serious or repeated problems in your relationships with any of your family members or friends?

YES

NO

15. ANSWER ONLY IF YOU ARE IN SCHOOL Has your gambling caused you any problems in school, such as missing classes or days of school or your grades dropping?

YES

NO

16. Has your gambling ever caused you to lose a job, have trouble with your job, or miss out on an important job or career opportunity?

YES

NO

17. Have you ever needed to ask family members or anyone else to loan you money or otherwise bail you out of a desperate money situation that was largely caused by your gambling?

YES

NO

Past-Year Problems

COMPLETE THIS SECTION ONLY IF YOU HAVE GAMBLED IN THE PAST YEAR.

18. [ANSWER ONLY IF 1=YES]

Since [current month][last year], have there been any periods lasting two weeks or longer when you spent a lot of time thinking about your gambling experiences or planning future gambling ventures or bets?

YES

NO

19. [ANSWER ONLY IF 2=YES]

Since [current month][last year], have there been periods lasting two weeks or longer when you spent a lot of time thinking about ways of getting money to gamble with?

YES

NO

20. [ANSWER ONLY IF 3=YES]

Since [current month][last year], have there been periods when you needed to gamble with increasing amounts of money or with larger bets than before in order to get the same feeling of excitement?

YES

NO

21. [ANSWER ONLY IF 4=YES]

Since [current month][last year], have you tried to stop, cut down, or control your gambling?

YES GO TO 22

NO GO TO 25

22. [ANSWER ONLY IF 5=YES]

Since [current month][last year], on one or more of the times when you tried to stop, cut down, or control your gambling, were you restless or irritable?

YES

NO

23. [ANSWER ONLY IF 6=YES]

Since [current month][last year], have you tried *but not succeeded* in stopping, cutting down, or controlling your gambling?

YES

NO

24. [ANSWER ONLY IF 7=YES]

Since [current month][last year], has this happened three or more times?

YES

NO

25. [ANSWER ONLY IF 8=YES]

Since [current month][last year], have you gambled as a way to escape from personal problems?

YES

NO

26. **[ANSWER ONLY IF 9=YES]**

Since [current month][last year], have you gambled to relieve uncomfortable feelings such as guilt, anxiety, helplessness, or depression?

YES

NO

27. **[ANSWER ONLY IF 10=YES]**

Since [current month][last year], has there ever been a period when, if you lost money gambling on one day, you would often return another day to get even?

YES

NO

28. **[ANSWER ONLY IF 11=YES]**

Since [current month][last year], have you more than once lied to family members, friends, or others about how much you gamble or how much money you lost on gambling?

YES GO TO 29

NO GO TO 30

29. **[ANSWER ONLY IF 12=YES]**

Has this happened three or more times?

YES

NO

30. **[ANSWER ONLY IF 13=YES]**

Since [current month][last year], have you written a bad check or taken money that didn't belong to you from family members or anyone else in order to pay for your gambling?

YES

NO

31. **[ANSWER ONLY IF 14=YES]**

Since [current month][last year], has your gambling caused serious or repeated problems in your relationships with any of your family members or friends?

YES

NO

32. **[ANSWER ONLY IF 15=YES]**

Since [current month][last year], has your gambling caused you any problems in school, such as missing classes or days of school or getting worse grades?

YES

NO

33. **[ANSWER ONLY IF 16=YES]**

Since [current month][last year], has your gambling caused you to lose a job, have trouble with your job, or miss out on an important job or career opportunity?

YES

NO

34. **[ANSWER ONLY IF 17=YES]**

Since [current month][last year], have you needed to ask family members or anyone else to loan you money or otherwise bail you out of a desperate money situation that was largely caused by your gambling?

YES

NO